

Lesson 13
Life in the Spirit
(Romans 8:1-17)

• **Questions**

1. What blessing is enjoyed in Christ Jesus (8:1)?

2. What can the “law of the Spirit” do that the “the law” cannot do (8:2-3)?

3. Why did God send his own son (8:3)?

4. Christians are not to walk after what, but after whom (8:4-5)?

5. What results in walking after the flesh versus walking after the Spirit (8:6-8)?

6. Who dwells in the Christian and what results from this indwelling (8:9-11)?

7. How does one “put to death the deeds of the body” (8:12-13)?

8. What contrast is given in verse 15?

9. Who are the “sons of God” and what are their benefits and privileges (8:14-16)?

10. What follows suffering (8:17)?

• Digging Deeper

1. What relationship does Romans 8:1-2 have with Romans 7:24-25 (note the word “therefore” in 8:1)?
2. Review Paul’s use of “law” from Romans 7:7 to 8:7 (see Lesson 12, Digging Deeper, #7).
3. Did Jesus sin in the flesh (8:3)? In what way was he different from mankind? In what way was he the same?
4. What does Paul mean by the word “mind” in this section (8:5-7)?
5. Is the “Spirit of God” different from the “Spirit of Christ” (8:9)?
6. What “life” and “death” are referred to in Romans 8:10-11 (compare 6:3-7,12-13)?
7. How does the “Spirit of God” lead the Christian (8:14)?
8. What is the “spirit of bondage” and the “spirit of adoption” (8:15)?
9. How does the Holy Spirit bear witness that we are children of God (8:16)?
10. Who is an “heir” and how does this concept relate to a Christian (8:17)?

- **Applications for Today**

1. Freedom from sin is found only in Christ Jesus (8:1).
2. A misunderstanding of Romans 8:1 has led some to believe in the false doctrine of the impossibility of apostasy, or “once saved always saved.”
3. Do we mind the things of the flesh (Gal. 5:16-21) or the things of the Holy Spirit (Gal. 5:22-26)? Are we led by the desires of the flesh or by the Holy Spirit (8:4-11)?
4. As “sons of God,” Christians have wonderful benefits and privileges in Christ (8:15-16). Why would any Christian want to give these up?
5. Suffering is difficult, but the Christian must focus on the glory of heaven that will come after the suffering of this life (8:18,25).